

Barrington H. Brennen, MA, NCP



[Updated December 26, 2008] **Barrington Brennen** is a marriage and family therapist, counseling psychologist, a Nationally Certified Psychologist, USA; a Certified Prepare/Enrich Counselor; a musician and recording artist, and an ordained minister of the gospel. He is also a published writer, having written more than 600 articles on issues related to family life, social development and relationships and have published in various magazines around the world.

He holds two graduate degrees from **Andrews University**, Michigan, one in Counseling Psychology and the other in Religion. He has extensive training and experience in counseling pre-married and married couples, families, and individuals with personal and social issues. He also has special training and experience in dealing with intimate partner abuse, family violence, and anger management.

Mental Health Positions/Qualifications:

- **Director of Social Development** at Northern Caribbean University, Mandeville Jamaica (1990 to 1992) Responsible for planning and conducting wholesome social and recreational activities for the student body and faculty. Also responsible for providing counseling for students.
- **Director of Psychoeducation** at Safe Shelter Inc, Benton Harbor, Michigan, USA. (1993-1996) Conducted treatment program for abuse individuals. Coordinated and facilitated five group therapy groups weekly with total clientele of over 600 men and 50 women. Domestic Violence Consultant for a leading law firm in Benton Harbor. Assisted in training police officers in domestic violence
- **School Counselor for Bahamas Academy** (1996 to 2001)
- **Certificate in Youth Work** from the Commonwealth Secretariat (1981)
- **Director of Adventist Counseling Services** (Bahamas Conference of Seventh-day Adventists). Providing professional psychotherapy for individuals, couples and families in the Adventist Church in The Bahamas (2001 to December 2008)
- **Chairperson for the Ministry of Education Health and Family Life Advisory Council** (2004-2007)
- **Consultant and Board Member for Polly's Place International** (Headquarters in Washington, USA). A ministry providing safe shelter, counseling, and education for victims of abuse and abusers.
- **Consultant in Marriage and Family Therapy** (1995 to December 2008)
- **Nationally Certified Psychologist** in the United States. National Association Masters in Psychology

Barrington Brennen is a professional member of the following organizations:

- American Counseling Association
- American Association of Christian Counselors
- Bahamas Psychological Association
- International Association of Marriage and Family Therapists

- Association of Religious Values and Ethics in Counseling
- National Association of Masters in Psychology.

He is also a member of four national committees:

- The National Child Abuse Prevention Committee
- Domestic Violence Task Force
- The National Mental Health Committee

Pastoral/Ministerial Positions

- Ministerial Intern at the Englerston Seventh-day Adventist Church (1978 to 1980)
- District Pastor for Exuma and Long Island, and Crooked Island (1980 to 1985)
- Pastor of Berea, Philadelphia, Maranatha, Seventh-day Adventist Churches (consecutively 1985 to 1990)
- Associate Pastor Northern Caribbean University Church, Mandeville, Jamaica (1990 to 1992)
- Pastor of Johnson Park Seventh-day Adventist Church 1996 to 2000
- Pastor of Englerston Seventh-day Adventist Church 2003 to 2006
- Pastoral Supervisor for Haitian District of Churches (three churches) 2007
- Pastor of Living Faith Seventh-day Adventist Church January 2008 to present
- Pastor of Philadelphia Seventh-day Adventist Church January 2009 to present
- Associate Director of Family Ministries Bahamas Conference 2001 to 2003
- Director of Family Ministries 2003 to December 2008
- Director of Communication 2005
- Associate Director of Communication Responsible for Internet Ministries 2001 to December 2008
- Member of Conference Committee 2005 to December 2008
- Chair Person for the Marriage Standards Committee (*Formally Called Marriage and Divorce Committee*) 2004 to December 2008
- Director of Adventist Chaplaincy Ministries for Bahamas Conference 2006 to December 2008

Music Positions/Events

- Grant's Town Seventh-day Adventist Church Pianist and Organist 1966 to 1973
- Northern Caribbean University Church Organist 1973 to 1978
- Founder and Member of Radiant Singers (Musical Group) 1969 to 1973, 1975 to 1977
- Co-leader and member of Kings Voices Quartet 1965 to 1973
- Member of The Meistersingers (NCU) 1973 to 1978
- Most Outstanding Bass Singer in Jamaica 1974 and 1976
- Boy Trophy in Bahamas Music Festival 1970 and 1972
- Five gold medals, 5 silver medals, four bronze medals in Jamaica Music Festival 1973 to 1978
- Choir Director for the Cassopolis Methodist Church, Cassopolis, Michigan, USA 1994 to 1996
- Chair Person for the Music Standards Committee for the Bahamas Conference 2004 to December 2008
- Have had concerts in The Bahamas, Jamaica, Michigan, New York, France, and St Martin

Seminars Conducted *Have and continue to conduct the following seminars and more*

- Marriage Seminars
- Sexual Fidelity Seminars
- Sexual Abstinence Seminars
- Single Adults Seminars
- Engagement or Preparing for Marriage Seminars
- Anger Management Seminars
- Domestic Violence and Intimate Partner Abuse Seminar
- Family Finance Seminars
- Sexual Purity Seminars
- Effective Communication Seminars
- Effective Retirement Seminars
- Child Abuse Prevention Seminars
- Parenting Seminars
- Teenager Seminars
- Stress Management Seminars
- Roles in Marriage Seminars
- Homosexual Recovery Seminars
- Music Seminars
- Cooking and Nutrition Seminars

Overview

Barrington Brennen continues to conduct seminars for many different *denominations (including Adventist, Catholic, Baptist, Church of God, Anglican, Methodist, Church of God of Prophecy, Assemblies of God)* and many leading corporations, private firms, and businesses, such as The Bahamas Electricity Corporation, Princes Margaret Hospital, etc. He has conducted seminars overseas in Puerto Rico, St Martin, Jamaica, Michigan, Florida.

He has been serving as pastor since June 12, 1978 and has served in New Providence, Exuma & Long Island, San Salvador, and Crooked Island (Bahamas). In 1990-1992 he and his wife were called to serve at Northern Caribbean University where he served as the first Director of Social Development and the Associate Pastor of the College Church. Annick (his wife) served as executive secretary to the president and then a teacher in the Office Administration Department. . In 1993-1996 he worked as the Director of Psycho-Education, a treatment program for abusive Individuals at Safe Shelter Inc., in Benton Harbor Michigan. He helped more than 600 men and women with control and anger issues. Barrington also served as the Bahamas Academy School Counselor for four years (1996-2000).

FAMILY



Barrington is happily married to **Annick M. Valleray** of Martinique. Barrington and Annick Brennen have been since Thursday, July 21, 1977, at 5:30 P.M. in Fort de France, Martinique and Honeymoon in Haiti and have two wonderful children:

Marguerite Samuel, choral director at Great Lakes Academy, Michigan (*Bachelor in Music Education, with secondary certification, from Andrews University, Michigan, and*

Gerard, Physical Education Teacher at Lyford Cay International School, Lyford Cay, New Providence, The Bahamas (*Bachelor in Health and Human Performance with Emphasis in Business Sport, and a Certified Strength Conditioning Specialist. A graduate of Union College, Nebraska. Trainer at Prairie Fitness Center, Nebraska).*

Annick is the Director of Training and Organizational Development at Kerzner International, Paradise Island. She holds a MA in Educational Administration and Supervision, and a BSc in Business and Administration.

Barrington and his wife Annick are cofounders of Sounds of Encouragement Association. It is a ministry providing seminars, workshops, and counseling for families today. It also includes a **radio** ministry.

MUSICIAN OVERVIEW

Barrington Brennen is known as an accomplished bass soloist. He began singing and playing the piano from the age of eleven. His first piano instructors were Mr. George Moxey and Mr. Eric Russell. During his early years of singing, Barrington formed a quartet known as the King's Voices that became very popular all over the island of New Providence

The quartet consisted of Anthony Roach, Elliston Rahming, Perry Decosta, and Barrington Brennen. Later, when Elliston went away to school, Anthony Curtis joined the group. In 1973, Barrington went to **Northern Caribbean University**, Jamaica, to study for the ministry. While there he joined the Meistersingers (premiere singing group in Jamaica) and performed all over the island of Jamaica. He won numerous gold and silver medals in the Jamaica Music Festival and was chosen as the Most Outstanding Male Singer in Jamaica for two consecutive years. He received extensive vocal coaching

and training from outstanding musicians, including Jamaican famous opera singer Joyce Britton. Barrington Brennen has performed in The Bahamas, Jamaica, Martinique, France, and the United States. He also plays the piano and organ. He was the church organist at the Grant's Town Church, Nassau, from the age of twelve until he went to college at age eighteen.

Barrington's hobbies are making and maintaining web pages, cooking, baking bread, singing, playing the organ and piano, surfing the internet, making new friends, and just having lots of fun.

Barrington Brennen can be contacted at: 242-323 8772 home / 242-361 6355 at work, or 305 767 4976 P.O. Box -896, Nassau, Bahamas, info@soencouragement.org