

Secrecy Vs Privacy

1. List some items you feel fall into the category of secrecy as discussed above.

2. List some items you feel fall into the category of privacy as discussed above.

3. List some items you feel fall in the grey area as discussed above.

4. If your were to discover your partner behaving with secrecy, how would you feel?

5. If your partner were to discover you behaved with secrecy, how do you think he or she would feel?

When completed, exchange lists. Take turns reading what your partner wrote and then discuss with each other your thoughts, feelings and concerns. Sensitize yourself to how your partner feels so you will know how to avoid hurting him or her.

Created By
Abe Kass, MA, RSW, RMFT, CCHT
Registered Social Worker
Registered Marriage and Family Therapist