

Keeping It

Hot

Marriage Retreat



Hot pepper
Cayenne Pepper



The hot principles

Hot pepper
Cayenne Pepper



“I know all the things you do, that you are neither hot nor cold. I wish that you were one or the other! ¹⁶ But since you are like lukewarm water, neither hot nor cold, I will spit you out of my mouth!” Revelation 3:15,16

Hot pepper
Cayenne Pepper



“I wish you were hot.”

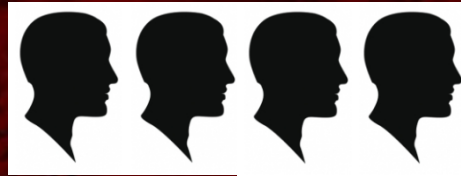
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4



The four men in your life.

The four women in your life.





My wife

My lover

My sweetheart

My friend



My husband

My lover

My sweetheart

My friend

These are the four
components in
marriage.



Your Spouse

The term “wife” or “husband” describes the long-term **companionship** of the relationship.

It also refers to the legal, **contractual**, and **moral** aspects of the relationship.

On a scale of 1 to 10 how do you measure your spouse?



Your Lover

The Lover aspect describes the **intimacy** of the marriage.

Intimacy is the sharing of parts of your life that you should only share with your spouse; whether it is intellectual, spiritual, emotional, or sexual.

Intimate partners have a deep emotional, spiritual, social, and sexual connection.

On a scale of 1 to 10 how do you measure intimacy in your marriage



Your Sweetheart

The Sweetheart aspect of marriage is the **romance** in the relationship.

This involves the tender things spouses do to and with each other every day to show how much they love each other.



Your Friend

The girl/boy friend term describes the friendship aspect of a healthy marital relationship.

Your spouse should be your best friend.

A friend is someone with whom you enjoy doing simple and everyday things.

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