

ROLE EXPLORATION

Marriage and Family Counseling Services

Preparation for marriage 1972 - Updated by Barrington Brennen © 2022

In your marriage, who will do the following things? Check the appropriate box under Husband, Wife, Both, or Other. The Role Exploration is designed in identify views and expectations of each other.

It is not designed to instruct on roles. [] Him [] Her

	HUSBAND	WIFE	BOTH	OTHER
1. Earn income				
2. Plan The family budget				
3. Supervise the husband's spending				
4. Supervise the wife's spending				
5. Manage the family budget				
6. Supervise children's spending				
7. Pay the bills				
8. Make major purchasing decisions				
9. Make decision involving wife's vacation				
10. Make decision involving husband's vacation				
11. Make decision involving husband's advance education				
12. Make decision involving wife's advance education				
13. Decide on what community you will live				
14. Choose the actual dwelling				
15. Choose the décor and furnishings				
16. Plan the food menu				
17. Do the grocery shopping				
18. Put away the groceries after shopping				
19. Decide when to eat out				
20. Do the baking				
21. Do the cooking/prepare the meals				
22. Set the table				
23. Wash the dishes				
24. Put the dishes in the dishwasher				
25. Vacuum or sweep				
26. Take out the trash				
27. Clean the refrigerator				
28. Clean the oven				
29. Clean the bathroom(s)				
30. Wash the windows				
31. Change the beds linen				
32. Make the beds				
33. Choose the husband's wardrobe				
34. Choose the wife's wardrobe				
35. Choose the children(ren)'s wardrobe				
36. Wash the clothes in the home's washer				
37. Wash the clothes at the local wash house				
38. Put away the clean clothes				
39. Care for minor household repairs				
40. Be responsible for major repairs and maintenance (call for service on appliances, etc.)				
41. Cut the grass				
42. Trim the shrubbery				

	HUSBAND	WIFE	BOTH	OTHER
43. Call the landscape company to service the yard				
44. Plant flowers and/or vegetables				
45. Keep steps, walks, swept and/or shoveled				
46. Rake leaves				
47. Decide the kind of vehicle to buy				
48. Select the actual vehicle				
49. Care for the vehicle's exterior				
50. Care for the vehicle's interior				
51. Care for servicing (sufficient gas, oil, other maintenance)				
52. Decide the kind(s) of pet(s)				
53. Feed the pets(s)				
54. Keep the pet(s) clean				
55. Decide the kind of entertainment				
56. Decide the kind of recreational activity you will engage in				
57. Decide which TV programs to watch				
58. Decide on internet provider				
59. Decide on the cellphone purchase for the husband				
60. Decide on the cellphone purchase for the wife				
61. Decide on the cellphone purchase for the children				
62. Decide on computer/iPad/Tablet for the family				
63. Decide on computer/iPad/Tablet for the husband				
64. Decide on computer/iPad/Tablet for the wife				
65. Decide on computer/iPad/Tablet for the children				
66. Decide on computer/iPad/Tablet cellphone password husband				
67. Decide on computer/iPad/Tablet cellphone password wife				
68. Decide on computer/iPad/Tablet cellphone password children				
69. Decide on friends you become close with				
70. Extend the invitation to have friends over				
71. Decide the church you attend				
72. Decide how often you attend church				
73. Lead in family worship and devotions				
74. Decide how much money you will give to church and charity				
75. Determine how holidays will be spent				
76. Plan the vacation				
77. Decide how much will be spent on holidays, trips and vacations				
78. Decide how much will be spent on birthday gifts, Christmas gifts				
79. Decide which in-laws will be visited				
80. Decide which in-laws will be invited to your home				
81. Decide on contributing funds to a relative when/if needed/requested				
82. Determine the frequency of sexual intimacy				
83. Decide if you will use contraceptives				
84. Decide on the type of contraceptive				
85. Decide if you will have children				
86. Decide the number of children				
87. Decide on when to have children				
88. Decide if the wife has tubal ligation				
89. Decide if the husband has a vasectomy				
90. Who will talk to the male children about sex				
91. Who will talk to the female children about sex				
92. Name the child(ren)				
93. Change diapers				

	HUSBAND	WIFE	BOTH	OTHER
94. Wash diapers				
95. Feed children				
96. Bathe the children				
97. Put the children to bed				
98. Care for their toys				
99. Play with the children				
100. Put them to bed				
101. Get up at night with them				
102. Nurse them when sick				
103. Discipline them				
104. Help them with homework				
105. Transport them to school				
106. Transport them from school				
107. Transport them to extra-curricular activities				
108. Instruct them in spiritual things				
109. Select their babysitter when necessary				
110. Make the decision to adopt or not to adopt if you are unable to have children				
111. Decide what kind of child to adopt (sex, age, race, etc.)				

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