

# Aggression Questionnaire

Each statement in this questionnaire asks about you, how you interact with other people or how you typically respond in a variety of situations. For each statement please select the response which applies BEST to YOU. Please record the applicable response for each item on the space next to it. Using the following rating scale select the responses which applies BEST to YOU, and record it in the space next to each item.

- 1 = Does NOT apply AT ALL to me
- 2 = Applies SOMEWHAT to me
- 3 = Applies FAIRLY WELL to me
- 4 = Applies WELL to me
- 5 = Applies EXACTLY to me

- \_\_\_ 1. I enjoy working with my hands doing repetitive tasks.
- \_\_\_ 2. I admire people who can walk away from a fight or argument.
- \_\_\_ 3. When a person is unfair to me I get angry and protest.
- \_\_\_ 4. When a person tries to "cut ahead" of me in a line, I firmly tell him not to do so.
- \_\_\_ 5. Whenever I have trouble understanding a problem, I ask other for advice.
- \_\_\_ 6. When a person criticizes me, I tend to answer back and protest.
- \_\_\_ 7. When a person tries to boss me around, I resist strongly.
- \_\_\_ 8. I think it is OK to make trouble for an annoying person.
- \_\_\_ 9. I get into fights with other people.
- \_\_\_ 10. When a person criticizes or negatively comments on my clothing or hair, I tell him/her it is none of their business.
- \_\_\_ 11. I really admire persons who know how to fight with their fists or body (not using any weapons).
- \_\_\_ 12. When another person hassles or shoves me, I try to give him/her a good shove or punch.
- \_\_\_ 13. When another person picks a fight with me, I fight back.
- \_\_\_ 14. I prefer to listen to rock-and-roll instead of classical music.
- \_\_\_ 15. I become easily impatient and irritable if I have to wait.
- \_\_\_ 16. When another person is mean or nasty to me, I try to get even with him/her.
- \_\_\_ 17. Whenever someone is being unpleasant, I think it is better to be quiet than to make a fuss.
- \_\_\_ 18. Others say that I lose patience easily.
- \_\_\_ 19. I consider myself to be an authority figure for some people.
- \_\_\_ 20. More often than others, I seem to do things that I regret later.
- \_\_\_ 21. If a person insults me, I insult him/her back.
- \_\_\_ 22. I prefer to get out of the way and stay out of trouble whenever somebody is hassling me.
- \_\_\_ 23. When I am on bad terms with a person, it usually ends up in a fight.
- \_\_\_ 24. I become easily impatient if I have to keep doing the same thing for a long time.
- \_\_\_ 25. It often happens that I act too hastily.
- \_\_\_ 26. Whenever I build something new, I read the instruction booklet before doing anything.
- \_\_\_ 27. I really admire persons who know how to fight with weapons.
- \_\_\_ 28. I often act before I have had the time to think.
- \_\_\_ 29. When I am very angry with someone, I yell at them
- \_\_\_ 30. When I have to make up my mind, I usually do it quickly.