

Test Your Sexual Integrity

You don't need a pencil; you just need to be honest with yourself. Answer yes or no to the following questions:

1. Do you lock on when an attractive women comes near you? Yes___ No ___
2. Do you look more than once when you see an attractive woman in public? Yes___ No ___
3. Do you find yourself being pulled to look at sexual images, or women, that are around you during the day? Billboards? Joggers? Drivers? Yes___ No ___
4. When you're standing in line at the grocery store, do you look more than once at the fitness and tabloid magazines with scantily clad women on the covers? Yes___ No ___
5. Do you masturbate to images of other women? Yes___ No ___
6. Have you found your wife to be less sexually satisfying? Yes___ No ___
7. Are you holding a grudge against your wife...a grudge that gives you a sense of entitlement?
Yes___ No ___
8. Do you seek out sexually arousing articles or photo spreads in newspapers, magazines or online?
Yes___ No ___
9. Do you struggle with trying not to look at sexual images on TV (commercials, movies, TV shows)?
Yes___ No ___
10. Do you have a private place or secret compartment that you keep hidden from your wife?
Yes___ No ___
11. Has someone caught you looking at a woman in public (your wife, friend, family member, or the woman herself) Yes___ No ___
12. Are some places more of a struggle than other places with your eyes? The gym? The beach?
Yes___ No ___
13. Are there certain locations at your work or office where you struggle with your eyes? Where the female employee or intern's desk is? Yes___ No ___
14. Do you look forward to going away on a business trip? Yes___ No ___
15. Do you have behaviors that you can't share with your partner? Yes___ No ___
16. Do you watch movies or sexy videos for gratification? Yes___ No ___
17. Do you find yourself looking up certain words on the internet in the image search engines to see what comes up? Yes___ No ___
18. Does the struggle with your eyes sometimes feel like a hopeless battle? Yes___ No ___

If you've answered yes to any of these questions, you're lurking at the door of sexual addiction. **You're inside that door if you can answer yes to the following questions:**

1. Do you watch pay-per-view sexually explicit TV channels? Yes___ No ___
2. Do you watch or purchase porn online or in print? Yes___ No ___
3. Do you rent adult movies? Yes___ No ___
4. Do you watch strippers or nude dancing? Yes___ No ___
5. Do you call 900# to have phone sex? Yes___ No ___
6. Do you practice voyeurism? Yes___ No ___

If you said yes to the last six questions, you very well could be sexually addicted. When Titus 2:3 admonishes against being "*addicted to much wine*," the Greek word used for "*addicted*" means to be bought into bondage, much like a slave.