

INDEX OF SEXUAL SATISFACTION (ISS)

Name _____ Today's Date _____

This questionnaire designed to measure the degree of satisfaction you have in the sexual relationship with your partner. It is not a test, so there are not right or wrong answers. Answer each item as carefully and accurately as you can by placing a number beside each one as follows:

- 1 = None of the time
 - 2 = Very rarely
 - 3 = A little of the time
 - 4 = Some of the time
 - 5 = A good part of the time
 - 6 = Most of the time
 - 7 = All of the time
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1. _____ I feel that my partner enjoys our sex life.
2. _____ Our sex life is very exciting.
3. _____ Sex is fun for my partner and me.
4. _____ Sex with my partner has become a chore for me.
5. _____ I feel that our sex is dirty and disgusting.
6. _____ Our sex life is monotonous.
7. _____ When we have sex it is too rushed and hurriedly completed.
8. _____ I feel that my sex life is lacking in quality.
9. _____ My partner is sexually very exciting.
10. _____ I enjoy the sex techniques that my partner likes or uses.
11. _____ I feel that my partner wants too much sex from me.
12. _____ I think that our sex is wonderful.
13. _____ My partner dwells on sex too much.
14. _____ I try to avoid sexual contact with my partner.
15. _____ My partner is too rough or brutal when we have sex.
16. _____ My partner is a wonderful sex mate.
17. _____ I feel that sex is a normal function of our relationship.
18. _____ My partner does not want sex when I do.
19. _____ I feel that our sex life really adds a lot to our relationship.
20. _____ My partner seems to avoid sexual contact with me.
21. _____ It is easy for me to get sexually excited by my partner.
22. _____ I feel that my partner is sexually pleased with me.
23. _____ My partner is very sensitive to my sexual needs and desires.
24. _____ My Partner does not satisfy me sexually.
25. _____ I feel that my sex life is boring.